



# Youth Volunteering Referral Guide

Agency	Project Type	Borough	Availability	Group Size	Age	Contact/Phone	Web Info
American Society for the Prevention of Cruelty to Animals (ASPCA)	Cat socialization, Dog-walking, Adoption Counseling, Foster Care-giver	5 boroughs	Everyday	Varies	16+	Julie Sonenberg, julies@aspca.org	<a href="http://www.aspca.org/take-action/volunteer">www.aspca.org/take-action/volunteer</a>
Central Park Conservancy	Park revitalization, visitor services. Dog walking, Tour Guide, Painting	Manhattan	Everyday	Varies	All ages	(212) 360-2751, volunteer@centralparknyc.org	<a href="http://www.centralparknyc.org/volunteer/">www.centralparknyc.org/volunteer/</a>
City Meals on Wheels	Delivering meals to homebound seniors on foot	5 boroughs	Everyday	2 to 100+	All ages (with adult supervision for those under 18)	Vivienne O' Neill, (212) 687-1234	<a href="http://www.citymeals.org">www.citymeals.org</a>
Met Council	Food distribution, socializing seniors, gardening, etc.	5 boroughs	Everyday	up to 20	16+	Kathryn Harter, (212) 453-9675, volunteer@metcouncil.org	<a href="http://www.metcouncil.org">www.metcouncil.org</a>
Natural Areas Volunteers	Park Revitalization and streets	5 boroughs	Everyday	20 to 50	14+	Joseph Homsey, (212) 360-3317, nav@parks.nyc.gov	<a href="http://www.nycgovparks.org/opportunities/volunteer">www.nycgovparks.org/opportunities/volunteer</a>
New York Botanical Gardens	Horticulture, Research, Clerical, Revitalization	Bronx	Everyday	up to 70 (with donation)	14+	(718) 817-8765	<a href="http://www.nybg.org/support_the_garden/volunteer/fyi.php">www.nybg.org/support_the_garden/volunteer/fyi.php</a>
Partnership for Parks	Park Revitalization and clean-up	5 boroughs	Everyday	Varies	8+ (with supervision if under 18)	Search website for local contact, (212) 360-1310	<a href="http://www.cityparksfoundation.org">www.cityparksfoundation.org</a>
VISIONS- Services for the Blind and Visual Impaired	Programs for the visually-handicapped	Various Locations	Everyday	Varies	15+	Teresa Rivero, (646) 486-4444 Ext. 33, trivero@visionsvcb.org	<a href="http://www.visionsvcb.org/visions/support/volunteer/">www.visionsvcb.org/visions/support/volunteer/</a>
Visiting Neighbors	Various holiday programs	Manhattan	Holiday season	15 to 30	14+	Howie Square, (212) 260-6200, hsquarevn@aol.com	<a href="http://www.visitingneighbors.org/">www.visitingneighbors.org/</a>
St. Paul's House	Food Service	Manhattan	Mon, Wed, Fri	10	12+	(212) 265-5433	<a href="http://www.saintpaulshouse.org">www.saintpaulshouse.org</a> - volunteer site
Food Bank for New York City	Food sorting, food service, culinary & event support at NYC food festivals	5 boroughs	Mon - Fri	15 to 50	13+	Jasmine Wagner, (212) 566-7855 Ext. 2223, volunteer@foodbanknyc.org	<a href="http://www.foodbanknyc.org">www.foodbanknyc.org</a>
Sunnyside Community Services	Kitchen Service, Senior Center, Musical Performance, Adult day services for the cognitively-impaired	Queens	Mon - Fri: 10AM-2PM	Up to 7	16+	Rita Manton, (718) 784-6173 Ext. 401, info@scsny.org	<a href="http://www.scsny.org">www.scsny.org</a>



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St. John's Bread and Life - Brooklyn	Food Service	Brooklyn	Mon - Fri: 7AM- 1PM	Up to 20	All ages	Jennifer Stephen, (718) 574-0058 Ext. 126, jstephen@breadandlife.org	<a href="http://www.breadandlife.org">www.breadandlife.org</a>
Community Food Bank of New Jersey	Food Sorting	Hillside, NJ	Mon - Fri: 9AM- 3:30 PM	15 to 150 (groups over 25 must submit a donation)	12+ (with adult), 16+ (with written consent)	Faye Kuhn, (908) 242-3944, fkuhn@cfnj.org	<a href="http://www.njfoodbank.org">www.njfoodbank.org</a>
Baby Buggy	Sorting and repairing donated children's clothing and gear.	Manhattan	Mon - Thu: 9AM - 8PM Fri: 9AM - 5PM	5 to 15	16+	Melissa Stein, (212) 736-1777, melissa@babybuggy.org	<a href="http://www.babybuggy.org">www.babybuggy.org</a>
Publicolor	Painting Schools and community facilities	5 boroughs	Sat: 9 AM-12PM	15 to 30	14+ (with chaperone if under 18)	Jose Figueroa, (212) 213-6121	<a href="http://www.publicolor.org">www.publicolor.org</a>
Village Temple Soup Kitchen	Food preparation and serving for the needy	Manhattan	Sat: 9 AM-12PM	Up to 5	All ages	J. Dean Chavooshian, (917) 597-2030	<a href="http://www.villagetemple.org/index.php/community-2013/tikkun-olam-social-action/soup-kitchen.html">www.villagetemple.org/index.php/community-2013/tikkun-olam-social-action/soup-kitchen.html</a>
Stanley M. Isaacs Center	Sunday Suppers	Manhattan	Sun: 2PM-6:30PM	20 to 25	10+ (with chaperone if under 18)	Gigi Verkaik, (212) 360-7320 Ext. 154, info@isaacscenter.org	<a href="http://www.isaacscenter.org">www.isaacscenter.org</a>
DOROT	Time with Seniors	Manhattan	Sun - Fri	10 to 30	8+	Rebecca Zinger, (917) 441-5054	<a href="http://www.dorotusa.org">www.dorotusa.org</a>
Met Council	Social Services, Hunger, Benefits Access, Poverty, Older Adults	5 boroughs	Sun - Thu	5 to 20	14+ (with adult supervision if under 18)	Shaina Goldberg, (212) 453-9619, volunteer@metcouncil.org	<a href="http://www.metcouncil.org">www.metcouncil.org</a>
Waterfront (Historic Ships)	Historic Ships Maintenance & Restoration Crew	Manhattan	Tue - Sat: 9AM-5PM	5 to 10	16+	Dianna Reyes, (212) 748-8600 Ext. 594	<a href="http://southstreetseaportmuseum.org/">southstreetseaportmuseum.org/</a>
Room to Grow	Clothing & Gear Sorting, Donation Prep	Manhattan	Tue - Sat	5 to 15	High school-aged+ or 10+ (with adult supervision)	Naomi Hanson, (212) 620-7800 Ext. 18, naomi.hanson@roomtogrow.org	<a href="http://www.roomtogrow.org">www.roomtogrow.org</a>
Friends of Van Cortlandt Park	Trail restoration, outdoor tours, physical tasks	Bronx	Varies	Varies	All ages	K-8th grade: Sara Kempton, (718) 601-1553, sara@vancortlandt.org	<a href="http://vancortlandt.org/volunteers-rock/">http://vancortlandt.org/volunteers-rock/</a>
Jewish Board of Family and Children's Services	Gardening, Crafts, Sports recreation	Various Locations	Varies	Varies	16+	Dana Mindlin, (212) 632-4535, dmindlin@jbfcs.org	<a href="http://www.jbfcs.org/">www.jbfcs.org/</a>
New York Road Runners Foundation	Assist at regular races and NYC Marathon and NYC Half-Marathon	5 boroughs	Weekends	5 to 200	14+ (full marathons) and 16+ (half-marathons)	Mary Haskins, (646) 758-9679, volunteers@nyrrc.org	<a href="http://www.nyrrc.org">www.nyrrc.org</a>
Prospect Park Alliance	Park Revitalization, Maintenance, Horticultural Activities	Brooklyn	Weekends	15 minimum	14+ (with parental consent if under 18)	John Delgado, (718) 287-3400 Ext. 313, volunteers@prospectpark.org	<a href="http://www.prospectpark.org/get-involved/volunteer/group-volunteer-opportunities/">www.prospectpark.org/get-involved/volunteer/group-volunteer-opportunities/</a>